



Gain confidence and discover a new you!

The weight loss program at Chestnut Hill Hospital provides a comprehensive look at your health and well-being. We go beyond surgery-only programs with the addition of a metabolic specialist. Our team can help determine an effective approach to weight loss that will meet your individual needs and lifestyle.

Weight Loss can...

- Increase energy levels
- Improve mood
- Lower cholesterol levels
- Reduce blood pressure
- Reduce aches and pains
- Improve mobility
- Improve breathing, including sleep apnea
- Enhance sleep
- Reduce risk of angina
- Improve blood sugar levels

Chestnut Hill Endocrinology, Diabetes and Metabolic Associates

8815 Germantown Avenue, Suite 35
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215-248-8030

Chestnut Hill Surgical Associates

Wyndhill Professional Center
8200 Flourtown Avenue, Suite 2
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CHESTNUT HILL HOSPITAL

UNIVERSITY of PENNSYLVANIA
COMMUNITY HEALTH NETWORK

8825 Germantown Avenue
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METABOLICS AND WEIGHT LOSS SURGERY AT CHESTNUT HILL HOSPITAL



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UNIVERSITY of PENNSYLVANIA
COMMUNITY HEALTH NETWORK



You Have Options – Call us

If you're ready to lose weight and looking for an alternative to surgery, schedule a consultation by calling 215-248-8030.

If you've talked to your physician and are interested in weight loss surgery, join us for a FREE Weight Loss Surgery Information Session. Call 215-753-2000 for information on the next meeting.

In addition, our doors are open to everyone who has undergone weight loss surgery and would like continued support close to home. Call 215-753-2000 for information on our next Weight Loss Surgery Support Group meeting.

Metabolism's Role in Weight Loss

Patients interested in weight loss without surgery begin our program with a review of current medical issues and history. Patients are educated on the role of metabolism in weight loss and any underlying metabolic issues such as hypothyroidism, which may prevent optimal weight loss, are ruled out.

Our comprehensive and personalized approach to weight loss includes an evaluation of weight history along with an updated health evaluation to determine an effective plan for weight reduction and, most importantly, ongoing weight maintenance. Together, we'll determine if you're ready for change, whether that be with lifestyle or medication. Motivation and readiness are the most important determinants of weight loss success!



Claesa Levetan, M.D.
Endocrinologist and
Metabolic Specialist



Susan Pierce, MPT, CDE
Diabetes Educator

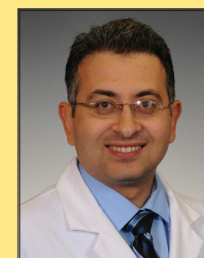
Weight Loss Surgery

If you and your physician have determined that surgery is the best way to reach your weight loss goals, you can count on Chestnut Hill Hospital. Our multidisciplinary team of specialists including physicians, nurses, nutritionists and physical therapists is dedicated to helping you enjoy a healthier life.

We will work with your primary care physician to create a complete plan of care that meets your specific needs. Our support group provides education and long-term support that is significant in achieving permanent weight loss.

We offer various weight loss surgery procedures and will evaluate your condition to determine the most appropriate treatment.

- Roux-en-Y Gastric Bypass
- Adjustable Gastric Band (Laparoscopic Band)
- Sleeve Gastrectomy



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